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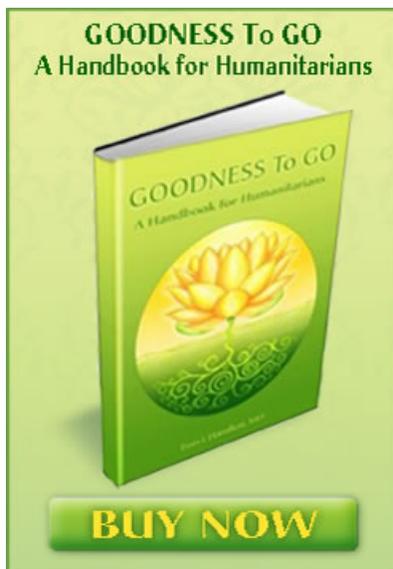
August 2013 Newsletter



#### Dear Friends of Goodness To Go,

The full print version of Goodness To Go - A Handbook for Humanitarians is available!! It's an exceptionally valuable interactive guide to clarify your personal self-care plan, resource your resilience, and mobilize your compassion in action. Reviewers comment enthusiastically that "there's nothing else like it" and that "something like this doesn't come along every day." Proceeds support award-winning social programs of **Child In Need Institute** that empower young girls at risk of being sold into brothels in Calcutta, India where our daughter Grace Shanti was born.

**Please help spread the word!** Many thanks for sharing this newsletter and Internet links for Goodness To Go and CINI ([www.cini-india.org](http://www.cini-india.org)) with your family, friends, and social network connections. Contact your local librarians and request that they order the handbook. Consider purchasing one for a family member, school, church, or philanthropic organization in your community. Make ours a kinder and more beautiful world by forming an ongoing Goodness To Go action group with friends. Let's celebrate and galvanize our generosity!



#### Mobilize Your Goodness



Remember that the effect of one good-hearted person is incalculable and that every purchase of Goodness To Go supports **Child In Need Institute's** programs that empower and educate young girls at risk of being sold into Calcutta brothels. Your investment for this one-of-a-kind resource is \$40 (plus tax and shipping). More funds are available to support the missions of the Goodness To Go social enterprise when the handbook is purchased from [www.goodnesstogo.org](http://www.goodnesstogo.org). It's also available from Amazon as either a print or e-book. Thank you for your support!

May global peace, wellness, and equity thrive as compassion moves into action and goodness lights our interconnected world.

Celebrating integral service,



*Fran I. Hamilton, M.D.*

P.S. Thank you for spreading the word about Goodness To Go through your social networks.

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